

# JTC TIMES



## Team JTC is Recruiting!

Team JTC wants you! Ok, ok, so it isn't the best name I've ever come up with, but I'm open to suggestions. I originally wanted to call us the JTC Tigerz, and then the J.W Warriorz, and for about a minute I considered just calling us Team Z, but none of those had any pop.

Regardless of what we're called, we are looking for any students of all ages to join us in our quest for gold at the Silicon Valley Open, this fall.

The Silicon Valley Open, is an annual Taekwondo tournament held right here, in San Jose, and it is an opportunity for our students to get a real taste of Olympic-style competition.

The tournament is always broken up into several sections, but like in most Taekwondo tournaments, the main stage will be set for

poomsae (forms) and kyorigi (sparring) competition. Competitors will also be able

We'll be meeting once-a-week, every Friday, for two hours of intense, competition-focused training, and we'll be

bringing in some guest coaches—JTC's own Michael Chong (UC Berkely team captain) and Nathaniel Craig (UC Davis team member).

Both these coaches are serious competitors who have been to Korea for special training, and have faced very tough, national and international-level opponents. Plus, they are both long-time members of the JTC family!

If you're interested in joining, stop by the studio and see Ms. Kim to get signed up. Oh, and if you've got a suggestion for a better team name, I'm all ears.



to compete in creative forms and board-breaking, but the main focus of our competition team will be on forms and sparring.

-Billy Evon, JTC Instructor

### JTC TAEKWON KIDS COMING SOON



Coming this June to Mountain View is a brand new addition to the JTC family – JTC Taekwon Kids!

Stay tuned for more info!

## World Para-Taekwondo Championships a Source of Major Inspiration

A total of 65 athletes from 21 countries on the five continents competed in the 2nd WTF World Para-Taekwondo

Championships, which took place at the Yubiley Sports Complex in downtown St. Petersburg. The one-day event featured eight male and two female categories.

The 1st WTF World Para-Taekwondo Championships was held in Baku, Azerbaijan

on June 10, 2009, drawing a total of 36 athletes and 18 officials from 16 countries.

Modified competition rules applied to the championships. Attacks to the head were prohibited and the duration of the contest was three rounds of one minute each with a one-minute break between rounds.

Weight divisions were modified as follows: amputation with both limbs above elbows, amputation of one limb above the elbow, amputation of both limbs below the elbows, and amputation of one limb below the elbow.

Prior to the semifinal matches, there was an opening ceremony of the 2nd World Para-Taekwondo Championships. The ceremony drew high-ranking sports figures, including Mr. Ivan Dibos, an IOC member of Peru and vice president of the WTF; Mr. Pavel Novikov, deputy minister of sport, tourism and youth policy of the Russian Federation; and Mr. Anatoly K. Terekhov, president of the Russian Taekwondo Union.

In his opening speech, WTF President Chungwon Choue said, "From the beginning of humankind, as a species we have faced challenges head-on. We have found that any goal can be met if a desire is held in our hearts." "Today, we gather to celebrate the enduring will of the humanity to rise up and accomplish greatness."

"The power and practice of taekwondo is bound by no limits: not by age, gender,



race, religion, nationality, nor physicality. It gives strength to the soul to overcome any obstacle," Choue said.

He continued to say, "Last year, we were all inspired by our first-ever WTF World Para-Taekwondo Championships in Baku, Azerbaijan." "What began as a trial became a historical event where athletes displayed the

philosophy and spirit of taekwondo in ways that had never been achieved before."

"The 2nd WTF World Para-Taekwondo Championships are about courage, hope, inspiration and dreams. It is through your courage that you will inspire others with disabilities to have hope for their dreams," Choue said. "It is for this reason that the WTF is putting forward great efforts to make taekwondo a sport in the Paralympics."

He said, "It is important to remember in all of our endeavors that it isn't the destination of our adventures that should be valued. It is the journey itself that defines our successes." "The path you have taken reveals your integrity, grace and heart to succeed in your endeavor."

-Taken from wtf.org

**Congratulations to All Our New Black Belts!**

A big congratulations goes out to all our brand new black belts who tested last month. Everyone worked really hard. Taekwon!

**June Belt Promotion Test**

Friday, June 11<sup>th</sup>  
 Review 4pm  
 Junior Belts 5pm  
 Senior Belts 6pm



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